



# Breakfast & Lunch Menu @ The Flycatcher Restaurant

Served Between  
07:00 and 18:00



## BREAKFAST:

*All breakfasts below are served with your choice of White, Brown or Rye Bread*

**Golfers Breakfast R45**  
2 Fried Eggs, 2 Rashers of Bacon & Fried Tomato

**Albatross Breakfast R70**  
2 Fried Eggs, 3 Rashers of Bacon, Beef or Pork Sausage, Mushrooms & Potato Chips

**Eagle Breakfast R55**  
2 Poached Eggs with Smoked Trout on an Open Health Bun, Drizzled with Hollandaise Sauce

**The Mulligan R75**  
3 Eggs Omelette, with your choice of 3 fillings: Mince / Bacon / Cheese / Onions / Tomato / Peppers / Chillies / Smoked Trout / Avo(SQ) / Feta

**Birdie Breakfast R55**  
Two Slices of Toast with Savoury Mince, 2 Fried Eggs and Grated Cheese accompanied by Fresh Chillies

**In The Rough (V) R70**  
Muesli, Yogurt, Fresh Fruit & Honey

**Ploughman's Platter for 2 R180**

A selection of Cold Meats, Smoked Trout, Marinated Olives, Gherkins, Cheeses, Breadsticks, Boiled Eggs and Preserves

**Meaty Platter for 2 R230**

200g Beef Strips, 500g Ribs, 200g Chicken Strips, Frikkadels, Cocktail Sausages & Chips served with a Sweet Chilli Dipping Sauce

**The Beef Burger R90**

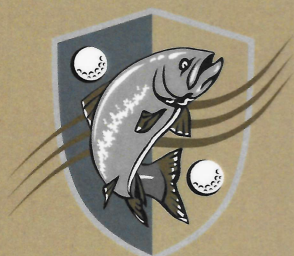
250g Beef Patty, Flame grilled on a bed of Rocket, Camembert, Caramelized Onion drizzled with Chilli Mayo served with Onion Rings and Chips

**The Chicken Burger R70**

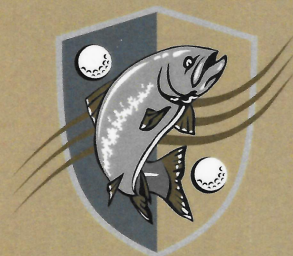
Chicken Fillet flame grilled on a bed of Rocket, Slice of Cheese & Pineapple drizzled with a BBQ Sauce Served with Onion Rings and Chips

**Cake of the Day: R35 per Slice**

Ask your waiter for our Selection of Homemade Cakes.



**HIGHLAND GATE**  
GOLF AND TROUT ESTATE



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## LIGHT LUNCH MENU

***Selection of Toasted Sandwiches (on your choice of White, Brown or Rye Bread)***

***All Sandwiches are served with a Portion of Chips***

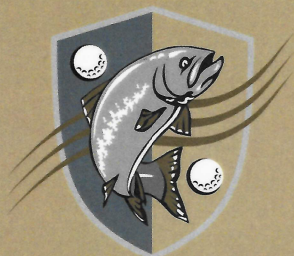
Cheese & Tomato	<b>R35</b>
Ham, Cheese & Tomato	<b>R45</b>
Bacon & Egg	<b>R50</b>
Bacon, Egg & Cheese	<b>R55</b>
Chicken Mayo	<b>R60</b>

### **Club Sandwich R80**

A filling of Bacon, Cheese, Egg, Tomato, Peppers and Chicken Mayo

### **Trout Quiche R65**

A fresh Pastry Crust filled with Trout Meat, Spinach, Butternut & a Creamy Sauce served with a Side Salad & Potato Wedges



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### **Beef Lasagne R80**

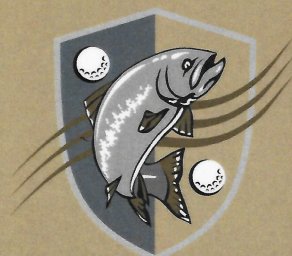
Homemade Beef Lasagne served with a Side Salad

### **Trout Salad R70**

Smoked Trout, Lettuce, Baby Potatoes, Boiled Eggs, Peppers, Rocket, Tomatoes & Onions

### **Chef Salad R70**

Feta, Chicken, Bacon, Cocktail Tomatoes, Cucumber, Spring Onion, Croutons & Lettuce



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